



**ALTINBAŞ**  
UNİVERSİTESİ



wmmhday.postpartum.net  
#maternalMHmatters

**3 Mayıs 2018**

**10:30-12:00 What is the maternal mental health?**

- *What is the importance of maternal mental health?* Prof. Dr. Nazan Aydın
- *What are the maternal mental diseases?* Doç. Dr. Pınar Çetinay Aydın
- *Being a mother of premature baby* Psk. İlknur Okay

**13:30-14:30 Maternal Mental illnesses and reflections**

- *Suicidality and management of perinatal period* / Assoc.Prof. Dr. Esra Yazıcı
- *To be a mother or not (An update on infertility)* / Assoc.Prof. Dr. Nermin Akdemir
- *Screening in prenatal period* / Dr. Tuğba Mutu Pek
- *Alternative treatment methods in perinatal period* / Dr. Özlem Akçay Ciner

**15:00-17:00 Mother-Father interactions and effects on mental healths**

- *Trainings on preparations for birth and effects on delivery* Assoc.Prof. Dr. Aslı Göker
- *Attachment in prenatal period and effects on postpartum period* / Psk. Hilal Çerçel
- *Sensorial difficulties of baby and effects on attachment* Ody. Çiğdem Ergül
- *Listening the baby for understanding interactions between mother and baby* / Assist.Prof. Dr. Elif Göcek

- *Positive parenting based on attachment* / Assoc.Prof. Dr. Aylin İlden Koçkar