

As part of World Maternal Mental Health Week 2019 and Bogazici Mother-Baby Relationship Project: MATERNAL MENTAL HEALTH SYMPOSIUM

April 29, 2019

Albert Long Hall, South Campus,
Bogazici University, Istanbul

09:30 – 09:40 **Opening Ceremony**

09:40 – 10:00 **Maternal Mental Health and Mother-Baby Relationship**
Assist. Prof. Elif Aysimi Duman

10:00 – 10:20 **Why is Maternal Mental Health Important?**
Prof. Dr. Nazan Aydın

10:20 – 10:40 **Coffee Break**

10:40 – 11:00 **Representations of Motherhood Cluster: From Pregnancy to Motherhood**
Prof. Dr. Güler Fişek

11:00 – 11:20 **The Effects of Prenatal Maternal Stress on Babies**
Specialist Nalan Öztürk

11:20 – 11:40 **Bipolar Disorder and Schizophrenia during Pregnancy and Postpartum Period**
Specialist Ayça Öngel Atar

11:40 – 12:30 **Lunch Break**

12:30 – 12:50 **Anxiety-inducing Practices for Mothers during Pregnancy**
Assoc. Prof. Zeki Şahinoğlu

12:50 – 13:10 **Gut-Brain Axis and Mental Health**
Specialist Semra Tamer Levent

13:10 – 13:30 **Metals and Minerals that Influence Mental Health**
Specialist Süreyya Şahinoğlu

13:30 – 13:50 **Coffee Break**

13:50 – 14:10 **Depression in Pregnancy and Postpartum Period**
Assoc. Prof. Pınar Çetinay Aydın

14:10 – 14:30 **Memory and Postpartum Depression**
Assist. Prof. Çağla Aydın

14:30 – 14:50 **Importance of Maternal Mental Health in Mother-Baby Attachment**
Prof. Dr. Aylin İlden Koçkar

14:50 – 15:00 **Closing Ceremony**

**Symposium is free of
charge and open to public**



If you are willing to participate you can either follow the link: www.tinyurl.com/babipform or scan the QR code on the left to fill out the application form.

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#maternalMHmatters