

06 MAY 2020

ÜSKÜDAR UNIVERSITY MOTHER AND BABY MENTAL HEALTH CENTER
MOTHER MENTAL HEALTH SYMPOSIUM

"SUPPORT FOR MOMS IN DIFFICULT TIMES "

10:00-10:30	Opening Lecture	Prof.Dr. Nevzat TARHAN (Rector of Üsküdar University))
10:30-11:30	Prof. Dr. Nazan AYDIN	Importance of Maternal Mental Health/ Perinatal Mental Health in the Time of Covid
11:45-12:05	Prof. Dr. Nurper ÜLKÜER	The Importance of mental health during childhood development
12:15-12:35	Assit.Prof.Remziye KESKİN	The Impact of Anxiety on Maternal Mental Health During COVID-19
12:45-13:30	Lunch Break	
13:30-13:50	Ayla Varlı (Mother)	A Mother's Combating Postpartum Depression.
14:00-14:30	Assist.Prof.Oğuz Omay	Prinatal Mental Health-What is Happening in the Real World?
14:40-15:00	Prof. Dr. Güler CİMETE	The Effects of Stress on Infant Brain Development
15:10-15:30	Assoc.Prof. Dr. Emel Sarı GÖKTEN	The Effects of Positive Parenting on Children Mental Health
15:40-16:00	Assoc.Prof. Dr. Gökben HIZLI SAYAR	Unperceived Pregnancy
16:10-16:30	Asist.Prof. İdil ARASAN DOĞAN	Interpersonal Relationships During Postpartum Period
16:40-17:00	Prof. Dr. Aliye ÖZENOĞLU	The Effects of Nutrition on Perinatal Mental Health
17:10-17:30	İlknur OKAY(Mother)	Being a mom of Twin Premature Babies
17:40-18:00	Asist..Prof. Hüseyin ÜNÜBOL	Fathers during the pregnancy and delivery.
18:00-18:30		Q-A